



The FA  
CHARTER STANDARD  
DEVELOPMENT CLUB

# WHEATHAMPSTEAD WANDERERS F.C.

WWFC: March 26th 2021

## UPDATED COVID-19 TRAINING INFORMATION FOR PARENTS/GUARDIANS & PLAYERS

The Football Association has provided updated guidelines to allow for the restart of grassroots football from the 29<sup>th</sup> March.

WWFC is re-issuing this formal guidance and this applies to and is for the safety and wellbeing of players, coaches and parents/guardians alike.

**PLEASE READ IT CAREFULLY - 19 PAGES OF FA GUIDANCE HAVE BEEN CONDENSED INTO TWO PAGES, SO PLEASE TAKE TWO MINUTES TO READ THIS AND HELP YOUR COACHES!**

There is no longer an upper limit of Groups of 30 including Players and Coaches. However please take into account the location where you are playing/training and keep to sensibly sized groups maintaining an appropriate ratio of players to coaches.

This guidance will apply to all training sessions and any friendly matches or tournaments/festivals which may take place. As always (we hope!), the emphasis is on the players having fun and enjoying their football. Please follow these guidelines to make football as stress-free as possible for coaches, players and parents/guardians.

### NO SPECTATORS ALLOWED

1. For safeguarding purposes only 1 parent/carer per player is allowed to attend any training session or match.

### TRAINING IS VOLUNTARY

1. No player or parent/guardian should feel obliged to attend any training session during this latest phase of the Covid-19 crisis. Training sessions are optional, being run for fun and the players' wellbeing, and future selection will not be dependent on attendance at training at this time.
2. Players and Coaches should wear their WWFC kit where possible so that it is obvious that the session is an official WWFC session.

### HEALTH

1. No player or parent/guardian should attend a training session if they are displaying symptoms of Covid-19 or live with someone who is displaying them. The same principle applies for any player or parent/guardian who has displayed or lives with someone who has displayed these symptoms and should be self-isolating in accordance with NHS guidance.
2. Any player or parent/guardian who attends a training session and subsequently displays symptoms of Covid-19 within 14 days of the training session, should immediately notify the NHS 'Track & Trace' system and one of their WWFC



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coaches. Coaches will be maintaining a register of attendees in line with governmental advice regarding 'Track & Trace' and where applicable attendees should check in using the NHS QR code displayed at the training venue.

3. If a player or parent/guardian or someone who lives with them is 'shielding', please do not attend a training session without first discussing with one of the coaches in confidence.

## HYGIENE

1. Each player **must** bring their own drink and hand sanitiser although coaches will be equipped with Hand sanitizer and should apply this to players hands before and after sessions. Regular breaks will be had for drinks and hand sanitizing.
2. Coaches will provide bibs which are washed before each training session and which will not be shared during training.
3. Players and coaches must not spit. Players must not use their water bottles for throwing water on their team-mates (or coaches!).

## FIRST AID

1. The FA guidance specifies that coaches may not attend an injured player unless he or she suffers "life or limb-threatening injuries". Coaches will not therefore be able to apply the usual basic medical treatment which are sometimes used. Parents/guardians will be permitted onto the field of play to assist a player from their own household where needed.
2. At the older age groups this does not mean that parents/guardians must attend training sessions. Please ensure that your coach(es) have a contact number for you in the event of an injury to your child if you are not attending the session.

## SOCIAL DISTANCING

1. Upon arrival, each player must walk (maintaining social distancing) to greet the coaches and stand where requested until the coaches are ready to start the session. The usual 'bundle' at the beginning of a session to grab a ball and play around cannot happen.
2. Unless the coaches confirm the players are able to play a competitive match (eg six a side friendly during training) or it is a friendly game then each player must observe social distancing guidelines. This includes warm-ups and warm-downs and when joining and leaving a training session as well as breaks in a session. Players who do not observe these rules will be given a reminder of the rules, but if a player fails to observe the rules consistently he or she will be required to leave the session.
3. Parents/guardians should practice social distancing if they are attending a training session.



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4. Only players or coaches (not parents/guardians) should retrieve wayward footballs and other equipment (eg cones).
5. Other than elbow bumps, goal celebrations are not permitted.
6. At the end of a training session, players, parents or guardians should not 'mingle' in the usual way and should instead observe social distancing guidelines. We strongly discourage players being allowed to walk/cycle home together after training.

## PARENTAL OR GUARDIAN CONSENT

Players should only be permitted to train if parents/guardians confirm that they have read this guidance note and this short FA summary document attached to this email. Thank you for reading this and for your support in enabling us to help the players get back to their football. Remember, the coaches are volunteers and we need the help of parents/guardians to enforce these rules during these odd times. Ultimately, if players do not respect the rules, they will be asked to leave a training session, which of course none of us want to see happen!

Miles Briggs

WWFC Chairman

26 March 2021